

LEAD CITY UNIVERSITY, IBADAN
FACULTY OF ARTS AND EDUCATION
DEPARTMENT OF ARTS AND SOCIAL SCIENCES EDUCATION
SECOND SEMESTER 2017/2018 ACADEMIC SESSION

COURSE PARTICULARS

Course Title: Human Growth and Development

Course Code: EDU 112

Number of Units: 2

Status: Compulsory

COURSE LECTURER

Name: Sabina N. Obi, Ph.D.

Qualification: B. Ed. [Guidance and Counselling/Political Science], M. Ed. [Counselling Psychology], Ph.D. [Clinical/Counselling Psychology]

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Area of Specialisation: Clinical/Counselling Psychology

COURSE DESCRIPTION

This course is designed to expose students to the processes involved in human development and growth. The course seeks to unravel the implications of the different theoretical views on human development, using the knowledge of these theories to understand, concepts, principles and dynamics of, and controversies in developmental milestones in the lives of humans. The different stages in the human life span would be examined as well as the different, but intertwined domains of human development.

COURSE OBJECTIVES:

At the end of this course, students should be able to:

- Discuss the developmental theoretical perspectives and their implications
- Describe the concepts and principles of human development, as well as the controversies in developmental psychology
- Describe the human life span development and the domains of human development

- Understand developmental research methods, and ethical standards in developmental researches

LECTURE PLAN

WEEK	TOPIC
1	Introduction/ Why Study Human Growth and Development/Developmental Theories
2	Reproduction/Hereditry and Genetics/Pre-natal Development
3	Concepts in, and Principles of Human Development
4	Domains of, and Controversies in Human Growth and Development
5	Nature of Developmental Research/ Ethical Standards in Developmental Research
6	Birth and Infancy/Reflexes
7	The Childhood Stage of Life
8	The Adolescence Stage of Life (Pubescence)
9	The Early Adulthood Stage of Life
10	The Middle Adulthood Stage of Life
11	The Late Adulthood Stage of Life/Ageing
12	Senescence/The End of Life (Dying and Death)
13	Revision

READING LIST

Falaye, A.O. (2014). *Human Life Span Development: A Basic Text in Developmental Psychology*. (2nd Ed.) Ibadan: Stirling Horden Publishers.

Santrock, J.W. (2007) *Essentials of Human Life-Span Development*. (4th Ed.) New York: McGraw-Hill Books.

Vander Zanden, J.W. (2000). *Human Development*. (7th Ed.) New York: McGraw-Hill Higher Education

COURSE REQUIREMENTS/ASSESSMENT

For a student to qualify to sit for the final examination in this course, he or she is expected to have a minimum attendance of 75% at lectures.

Continuous Assessment-40 marks [Test-20 marks, Term Paper (Individual & Group)-20 marks]

Examination-60 marks

TUTORIAL QUESTIONS

1. Why do you think the knowledge of Human Growth and Development is essential to the practice of your profession as Educationists?
2. Describe the following concept: (a) Growth (b) Maturation (c) Development
3. Highlight and discuss five (5) factors that could affect the development of a child at the pre-natal stage of life.
4. List and explain in detail, five (5) principles of Human development.
5. With vivid examples, describe the domains of Human development.
6. Citing relevant examples, discuss the three controversies on the nature of human growth and development.
- 7(a). Enumerate the methods in developmental research. (b) Explain two ethical standards for human development research.
- 8(a). Demonstrate your knowledge of Newborn Reflexes. (b) Briefly describe the different Reflexes that exist.
- 9(a). Explain the construct-Self-Identity. (b) Describe the developmental tasks of Nigerian adolescents.
- 10(a). State the stages in Erik Erikson's psychosocial theory of Human development. (b) Discuss the Trust vs Mistrust Stage.
- 11(a). Define Defence mechanism. (b) Outline and briefly describe five (5) Ego defence mechanism as postulated by Sigmund Freud.
12. Discuss in detail, Sigmund Freud's Psychosexual Theory of Human Development.

MARKING GUIDE FOR EDU 112 2017/2018 ACADEMIC SESSION

1. Why do you think the knowledge of Human Growth and Development is essential to the practice of your profession as Educationists? **Answer-what the course seek to expose educationists to, and the importance of studying Human Growth and Development (15 marks).**
2. Describe the following concept: (a) Growth (b) Maturation (c) Development **Answer- Detailed description of the terms with vivid examples (15 marks).**
3. Highlight and discuss five (5) factors that could affect the development of a child at the pre-natal stage of life. **Answer-listing and discussion of five distinct factors that affect child development at the pre-natal stage of life (15 marks).**
4. List and explain in detail, five (5) principles of Human development. **Answer-List and explanation of five principles of human development (15 marks).**
5. With vivid examples, describe the domains of Human development. **Answer- Descriptions of the three clear domains of human development with relevant examples (15 marks).**
6. Citing relevant examples, discuss the three controversies on the nature of human growth and development. **Answer-Discussion of the three controversial discourses on human development with examples showing the opposing sides (15 marks).**
- 7(a). Enumerate the methods in developmental research. **Answer-listing of different research methods in developmental researches (10 marks)** (b) Explain two ethical standards for human development research. **Answer- explanation of the two ethical standards in developmental research (5 marks) (Total=15 marks).**
- 8(a). Demonstrate your knowledge of Newborn Reflexes. **Answer- Definition of reflexes, why newborns have reflexes, use of reflexes (7 marks)** (b) Briefly describe the different Reflexes that exist. **Answer-listing and brief explanation of different reflexes in neonates (8 marks) (Total=15 marks).**
- 9(a). Explain the construct-Self-Identity. **Answer- succinct explanation of the term (5 marks)** (b) Describe the developmental tasks of Nigerian adolescents. **Answer-description of developmental tasks (10 marks) (Total=15 marks).**
- 10(a). State the stages in Erik Erikson's psychosocial theory of Human development. **Answer-listing of the eight stages in the Eriksonian theory (8 marks)** (b) Discuss the Trust vs Mistrust Stage. **Answer-detailed discussion with consideration of the crises inherent in the stage (7 marks) (Total=15 marks).**
- 11(a). Define Defence mechanism. **Answer- definition of defence mechanism (5 marks)** (b) Outline and briefly describe five (5) Ego defence mechanism as postulated by Sigmund Freud. **Answer-Outlining and description of ego defence mechanism in Freud's theory (10 marks) (Total=15 marks).**
12. Discuss in detail, Sigmund Freud's Psychosexual Theory of Human Development. **Answer-Detailed discussion of the Freud's psychosexual theory of human development (3 marks each) (Total=15 marks).**