

LEAD CITY UNIVERSITY, IBADAN
FACULTY OF ARTS AND EDUCATION
DEPARTMENT OF ARTS AND SOCIAL SCIENCES EDUCATION
SECOND SEMESTER 2017/2018 ACADEMIC SESSION

COURSE PARTICULARS

Course Title: Guidance and Counselling for Special Needs

Course Code: GCE 213

Number of Units: 2

Status: Required

COURSE LECTURER

Name: Sabina N. Obi, Ph.D.

Qualification: B. Ed. [Guidance and Counselling/Political Science], M. Ed. [Counselling Psychology], Ph.D. [Clinical/Counselling Psychology]

Phone number: 08036047243

E-mail address: sabinaobi27@gmail.com, obi.sabina@lcu.edu.ng

Area of Specialisation: Clinical/Counselling Psychology

COURSE DESCRIPTION

This course trains counsellor trainees on professional way of handling counselling of persons with special needs. It covers types of special needs such as visual and hearing impairment, learning impairment, mental retardation, giftedness, sensory and motor disorders, and communication disorders. This course provides the learner with principles and skills and attitude necessary for dealing with individual and learner challenges at school and beyond. It aims at empowering the trainee to carry out counseling and guidance at special and regular schools and other centres.

COURSE OBJECTIVES

The course is intended to achieve the following objectives:

- To equip learners with skills and techniques of counseling persons with special needs.
- Help students acquire knowledge of how to assess children and adolescents with exceptionalities

LECTURE PLAN

WEEK	TOPIC
1	Introduction/Areas of Special Needs
2	Causes of Disabilities (Pre-natal, Peri-natal, and Post-natal)
3	Clinical Classification of Challenges/DSM V
4	Learning Disability/Enhancing the Capacity to Learn among Special Children and Adolescents
5	Vocational Counselling for Special Needs
6	Developing Psychotherapeutic Packages for Persons with Special Needs
7	Geriatric Care
8	Counselling for Family and Care-givers of Persons with Special Needs
9	Collaborating with Centres for the Care of Persons with Special Needs
10	Genetic counselling
11	Professional boundaries in Counselling for Special Needs
12	Revision

READING LIST

Westling, D.L, Fox, L. and Carter, E.W. (2014). *Teaching Students with Severe Disabilities*. (5th Ed.) Pearson Publishers.

Idowu, A.I. (2004). *Guidance and Counselling in Education*. (Ed.) Ilorin: INDEMAC Publishers (Nig) Ltd.

Zunker, V. G (1990). *Career Counseling: Applied Concepts Of Life Planning*: Brooks/ Cole Publishing Company. Pacific Grove, California.

COURSE REQUIREMENTS/ASSESSMENT

For a student to qualify to sit for the final examination in this course, he or she is expected to have a minimum attendance of 75% at lectures.

Continuous Assessment-40 marks [Test-20 marks, Term Paper (Individual & Group)-20 marks]

Examination-60 marks

TUTORIAL QUESTIONS

1. Outline and discuss the areas of special needs that exist.
2. Enumerate and explain the pre-natal and the per-natal causes of disabilities.
3. You will agree with me that the post-natal causes of disabilities can be largely prevented. How then do you educate any interested audience on precautions that can be taken to prevent them?
4. Attempt a clinical classification of disabilities according to the diagnostic and statistical Manual of Mental Disorders.
5. (a) Define Learning disability. (b) Write short notes on the following: i. Dyslexia ii. Dysgraphia iii. Dyscalculia iv. Attention Deficit Hyperactivity Disorder.
6. How would you give a professional vocational guidance and counselling to persons with special needs?
7. Justify the deployment of Counsellor-trainees to centres of Geriatric care.
8. Why should there be Psychotherapeutic/counselling sessions for families and care givers of persons with special needs?
9. (a) Define community counselling. (b) Should counselling psychologists collaborate with other professionals in the care and support of persons with special needs?
10. (a) Describe Genetic counselling (b) Write short notes on the following: i. Albinism ii. Sex determination ii Sickle cell disease iv. Rhesus factor incompatibility
11. Outline and explain the rights and responsibilities of persons with special needs in counselling sessions.
12. What are the ethical considerations in the counselling of persons with special needs?

MARKING GUIDE FOR GCE 213 2017/2018 ACADEMIC SESSION

1. Outline and discuss the areas of special needs that exist **Answer- Listing the different areas of special education and discussing these areas with illustration (15 marks).**
2. Enumerate and explain the pre-natal and the per-natal causes of disabilities. **Answer-listing of both the pre and peri-natal causes of disabilities and making attempts at explaining them in details (15 marks).**
3. You will agree with me that the post-natal causes of disabilities can be largely prevented. How then do you educate any interested audience on precautions that can be taken to prevent them? **Answer- careful outline of the post-natal causes of disabilities, brief discussion on them, and how they can be prevented (15 marks).**
4. Attempt a clinical classification of disabilities according to the diagnostic and statistical Manual of Mental Disorders. **Answer- a detailed clinical classification of disabilities according to the diagnostic and statistical Manual of Mental Disorders (5th Edition) (15 marks).**
5. (a) Define Learning disability. (b) Write short notes on the following: i. Dyslexia ii. Dysgraphia iii. Dyscalculia iv. Attention Deficit Hyperactivity Disorder. **Answer-definition of learning disability (5 marks) (b) short detailed notes on the terms (10 marks) (Total=15 marks).**
6. How would you give a professional vocational guidance and counselling to persons with special needs? **Answer-a robust counselling and guidance package for persons with special needs (15 marks).**
7. Justify the deployment of Counsellor-trainees to centres of Geriatric care. **Answer-a description of geriatric care centres, activities therein, and the psychological needs of families and persons with geriatric care (15 marks).**
8. Why should there be Psychotherapeutic/counselling sessions for families and care givers of persons with special needs? **Answer- a robust discussion on reasons and importance of Counselling families and caregivers (15 marks).**
9. (a) Define community counselling. (b) Should counselling psychologists collaborate with other professionals in the care and support of persons with special needs? **Answer (a) Definition of Community counselling, strategies and forms (10 marks) (b) The need for collaboration in the care and support of persons with special needs (5 marks) (Total=15 marks).**
10. (a) Describe Genetic counselling (b) Write short notes on the following: i. Albinism ii. Sex determination ii Sickle cell disease iv. Rhesus factor incompatibility **Answer (a) Definition of Genetic counselling (5 marks) (b) succinct description of the terms with relevant examples (10 marks) (Total=15 marks).**
11. Outline and explain the rights and responsibilities of persons with special needs in counselling sessions. **Answers-outlining and explanation (at least 4 each) of the rights and responsibilities of persons with special needs (15 marks).**
12. What are the ethical considerations in the counselling of persons with special needs? **Answer-highlighting and explanations of the ethical considerations in counselling persons with special needs (15 marks)**