



LEAD CITY UNIVERSITY
Faculty of Social and Management Science
Department of Sociology and Psychology

COURSE PARTICULARS

Course Code: Psy 211

Course Title: Developmental Psychology

No. of Units: 3

Status: Compulsory

LECTURER DETAILS

Name: Dr Lydia Titilayo Dada

Qualifications: Ph.D

Phone: 08056139806, 07060991578

Email: titilayo.dada@yahoo.com

Area of Specialization: Clinical Psychology

COURSE DESCRIPTION

Psy 211 is continuing from the existing knowledge in Developmental Psychology I. (Psy 206). It provides information on how people grow and change over the course of lifetime. The course will equip students on the knowledge of the scientific data, postulations and observation regarding the physical, cognitive, social and emotional behaviour of human organisms at various stages of development throughout life span, also death and dying.

COURSE DISCRIPTION:

- The concept of Genetics.
- Pre-natal Development.
- Development through the life span.
- Concept of death and dying, grief and mourning.

COURSE OBJECTIVES:

1. To explain the concept of genetics.
2. To describe the physical, cognitive, psychosocial and socio emotional development of the developing person through the life span.
3. To identify and describe issues encountered by the developing person during the life span.
4. To describe the conception of death and dying in difference cultures, and the grieving process, rituals, and customs that accompany death and dying.

ASSESSMENT

Class Attendance	5 marks
Test(s) and Assignments	25 marks
Final Examination	70 marks

LECTURE PLAN

Week	Topic
Week 1	Overview of Human Development: Genetics and Prenatal Development
Week 3	Individual Genetic Expression
Week 3	Conception: Germinal stages and Foetal Development
Week 4	Child Birth and the effect on child Development
Week 5	Infants and Toddlerhood
Week 6	Early and Middle childhood
Week 7	MID SEMETER TEST
Week 8	Adolescence
Week 9	Early Adulthood and Middle Adulthood
Week 10	Late Adulthood
Week 11	Death and Dying, grief and mourning
Week 12	Revision

References.

- Bernstein, D.A., Penner L. A., Clarke-Stewart A. and Roy E. J. (2006) Psychology 7th Edition. New York.
- Gray P. (2002). Psychology 4th edition. Worth Publisher. New York.
- Falaye A.O. (2001) Human Life Span Development; Basic Text in Developmental Psychology. Sterling Publisher, Nigeria. Ibadan.

TUTORIAL QUESTIONS (*12 questions*)

1. (a) Define the term Prenatal, b) Describe the Pre-natal stage of development.
c) Explain what you understand by embryonic stage.
2. Write briefly on how the male determines the sex of a child, using a sketch diagramme to support your explanation.
3. Explain the following genetic concepts: Genes, Chromosomes, Rhesus factors, Genotype and Phenotype, Dominant & Recessive trait.
4. Discuss ways by which environmental factors can affect the unborn child.
5. Reflex behaviours are indication of neurological maturation; Describe the following reflexes in a mature new born: Moro, Rooting, Palmar, Walking and Sucking reflexes.
6. a) Write briefly on the relationship between the newborn and their parents. b) Who is a toddler?
7. Highlight the feature of physical development in early childhood.
- b) Explain Vygotsky zone of proximal development and its implication on education in children.
8. a) Discuss the key factors in social development during middle childhood .
b) Enumerate the feature of cognitive development in middle childhood.
c) Discuss the physical growth and motor development in middle childhood.
9. a) Write short notes on the following: Formal operational thought, Adolescent egocentrism, self concept. b) Compare and contrast Kohlberg and Giligan's view of moral development.
10. a) Highlight the changes in physical development in early adulthood. b) Discuss cognitive development in early adulthood, according to Jean Piaget's cognitive theory.

11. Discuss social development in middle adulthood according to Eric Erikson's psychosocial Stage of development. b) Enumerate the salient challenges in middle adulthood. c) Explain Cognitive development in middle adulthood according to Sternberg theory.

12. a) Discuss the Erikson's achievement vs. generativity stage of social emotional development in late adulthood highlighting its influence on Work, Retirement and Leisure.

b) Write short notes on Death and Dying, Grief and mourning.