



**LEAD CITY UNIVERSITY**  
*Faculty of Social and Management Sciences*  
*Department of Sociology and Psychology*

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## **COURSE PARTICULARS**

**Course Code:** PSY 314  
**Course Title:** Psychology of Substance Use and Abuse  
**No. of Units:** 3  
**Status:** Compulsory

## **LECTURER DETAILS**

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**Area of Specialization:** Clinical Psychology

## **COURSE DESCRIPTION**

This course entails psychological aspect of substance use and abuse. The course comprise of topics like the concept of substance use/drug use, theories of substance use, drug and consciousness, problems associated with drug use, variations in responses to drug use, drug types& abused, designer drugs and poly drug abuse, youths and substance abuse, substance abuse and crime, drug metabolism , excretion, control and basic concepts in psychopharmacotherapeutics and treatment of substance abuse and abuse.

## **COURSE OBJECTIVES**

This course acquaints the students to socio-psychological aspect of drug use and abuse. The course introduces the students to topics like:

- Substance/drug use and abuse, theories of substance use, drug and consciousness,
- Problems associated with drug use, variations in responses to drug use, drug types& abused
- Designer drugs and poly drug abuse, youths and substance abuse, drug control,
- Substance abuse and crime and treatment of substance abuse.

## **ASSESSMENT**

- Class Attendance                      5 marks
- Test and Assignment                25 marks

- Final Examination 70 marks

## LECTURE PLAN

Week	Topic
Week 1	Substance Use/Drug Use: Introduction, Prevalence, Factors, Stages, Advantage.
Week 2	Theories of Substance Use: Psychological, Biological, Social.
Week 3	Drug and Consciousness: Altering Drug through Consciousness, Classification of Psychotropic Substances.
Week 4	Problems associated with Drug Use, Risk inherent in Drug Abuse
Week 5	Variations in responses to Drug Use, Factors responsible for variation
Week 6	Drug Types& Abused: Stimulant, Depressants, Inhalants, Hallucinogens.
Week 7	Designer Drugs and Poly Drug Abuse: Designer Drugs and Act-alike, Poly Drug Abuse.
Week 8	Youths and Substance Abuse, Reasons for youth involvement in substance abuse
Week 9	Substance Abuse and Crime, Links between Drugs and Crime
Week 10	Drug metabolism, excretion, control and basic concepts in psychopharmacotherapeutics Strategies for drug control.
Week 11	Treatment of Substance Abuse: Approaches to treatment of substance abuse, Multi-systemic treatment, Group Therapy,
Week 12	Treatment of Substance Abuse: Residential Program, Balanced and restorative Justice and Summary

## READING LIST

1. American Psychiatric Association (1994). *Diagnostic and statistical manual of mental disorders* (5<sup>th</sup> edition). Washington, DC.

2. Kalat, J.W. (2004). *Biological psychology*, 11th edition pg. 452-463
3. Ksir, O., Ray; C (2002). *Drugs, society, and human behavior* (9th ed. ed.). Boston [u.a.]: McGraw-Hill. ISBN 0072319631

## TUTORIAL QUESTIONS

1. (A). Discuss the meaning of substance abuse  
(B). Explain three factors associated with drug use  
(C). Briefly state the stages of drug dependence
2. As a student of PSY 314, your friend consulted you on the aetiology of drug dependence, in details; explain three major theories of drug dependence
3. (a). Describe the ways chemical substance affect consciousness  
(b). Enumerate the different major classification of Psychotropic drugs
4. Mr BE narrated a story of a male student who always use drug to alert his consciousness while reading despite his knowledge about the grave consequence of drug abuse. As a student of PSY 314, explain the effect of drug abuse on such student.
5. Discuss three factors that can account for variations in reactions to substance abuse.
6. (a). Describe the effect of methamphetamine as a stimulant on the brain  
(b). What are the effects of depressants on the central nervous system?  
(c). How are inhalants addictive?  
(d). Explain the effects of hallucinogens on consciousness
7. (a). Explain the implications of poly drug abuse  
(b). Explain designer drugs
8. Discuss **eight** reasons why youths get involve in substance abuse
9. Criminal activities in both towns and cities increases on a daily basis, as a student of PSY314, security personnel consulted you to enumerate **five** factors promoting the relationship between substance abuse and crime. What will you say?

- 10** (a). Criminal activities in towns and cities increases on a daily basis possibly due to arch economy, as a student of PSY 314, security personnel consulted you to enumerate **four** drug control strategies. What will you say?  
(b). Discuss the process for drug metabolism to excretion
- 11.** Criminal activities in Ibadan metropolis increases on a daily basis, as a student of PSY 314, mental health professional consulted you to help in explaining **four** treatment modalities for treating drug abuse which one of the causes of criminal activities. What will be your answers?
- 12.** As a student of PSY 314, you find yourself in a debate on a subject matter: “**advantages of substances/drug use**” What will be your view with **five points** in detail.