



**LEAD CITY UNIVERSITY**  
**Faculty of Social and Management Sciences**  
**Department of Sociology and Psychology**

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**COURSE PARTICULARS**

**Course Code:** SOC 114  
**Course Title:** Introduction to Population Studies  
**No. of Units:** 3  
**Status:** Required

**LECTURER DETAILS**

**Name:** Professor A. I. ODEBIYI  
**Qualifications:** BSc.; MSc.; Professor  
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**Area of Specialization:** Medical Sociology; Women and Gender Studies

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**Course description:** The course is designed to provide a general introduction to population studies: the theories, growth processes and the implications. The course will provide background information to a branch of Sociology which covers population studies and population dynamics.

**Objectives:** (i) to facilitate students' understanding of the implications of population growth. (ii) to establish the interconnections between population growth and economic development. (iii) to expose students to the means of population control at the micro and macro levels.

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**Course Assessment: Grand Total = 100%**

-Attendance: 5 marks  
-Test(s) and Assignments: 25 marks  
-Final Examination: 70%

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**LECTURE PLAN**

Weeks	Topics
1	Field of Population Studies and its Scientific Nature
2	Definition of concepts used in the study(i.e. population structure, population dynamics, population growth, rates)
3	Human Population Planning: Methods and Historical Development
4	Malthusian Theory
5	Controversy on Population Bomb
6	Population Planning: Present day Practices in some countries
7	The Demographic Transition Theory (DTT)
8	Nigerian Population: The Demographic Transition
9	Population Growth: Causes and Consequences
10	Population Growth: The Other Side
11	Nigerian Population Policy: Goals and Targets
12	Policies and Criticisms

## READING LIST

- Anand, S. 1994. "Population, Well-being and Freedom". Harvard University Press, Pp. 75-85
- Basse, Archibald J. 1991. "Nigerian Population and Economic Development."
- Davis, Kingsley. 1967. "Population Policies: Will current programme succeed?" 158: 730-9.
- Isuigho-Abanihe, C. Uche. 1979. "Population Policy or Lack of it: The case of Nigeria." Population Issues, Policies and Programs. Seminar Paper Series.
- Stycos, J. Mayone. 1977. "Population Policy & Development." Population & Development, 3: 103-112.
- Warren, C. Robinson & John, A. Ross (2007). The Global Family Planning Revolution: Three Decades of Population Policies and Programs. World Bank Publications. ISBN 978-0-8213-6951-7.
- Thomlinson R. (1975). Demographic Problems: Controversy Over Population Control. 2<sup>nd</sup> ed. Encino CA: Dickenson.

## TUTORIAL QUESTIONS

1. Write short notes on the following: (a) Population Structure  
(b) Population Growth
2. Discuss the Demographic Transition Theory
3. Give a critical analysis of the Malthusian Theory
4. Distinguish between Population dynamics and Population processes
5. Distinguish some historical impetuses to world population growth
6. Discuss the social and economic implications of population growth to a country
7. Critically analyse the Nigerian population policy
8. What are the options available to the Less Developing Countries (LDCs) in tackling their population growth?
9. Discuss the means of population control at the micro level
10. Should Nigeria have a population policy? Discuss with relevant examples
11. Do you agree that population growth is the main problem in Africa?
12. Underdevelopment is the main problem in Africa. Do you agree?