

Lead City University, Ibadan

Faculty of Arts and Education
Department of Kinesiology Sport
Science and Health Education
2017/2018 Session Courseware

Course Particulars

Course Title: Organization and Administration of School Health Programme
Course Code: HEE 111

No. of units: 2
Status: Compulsory

Lecturer Details:

Lecturer: Dr. T. A. Ola
Qualification: NCE (Home Economics, B.Ed, Human Kinetics & Health Education, M. Ed. Health Education, Ph.D Health Ed.

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Areas of Specification: Health Education

SECTION A – INTRODUCTION

Organization and administration of school health education programme, patterns of health, education administration and programme will be treated. Knowledge of first and services will be use of first and boxes will also be treated.

COURSE OBJECTIVES

At the end of this course, students should be able to:

- i. Explain what school health programme is all about
- ii. Explain the components of school health programme
- iii. Explain all that school health instruction/health education entails e.g. meaning, categories principles of health education.
- iv. Explain briefly methods of teaching health in schools
- v. Explain what school health services entails and the services provided in this arm of school health program.
- vi. Explain all that healthful school environment entails e.g. safe physical environmental, healthful school day etc.
- vii. Explain the components of a first aid box
- viii. Describe first aid management of fractures, drowning and convulsion
- ix. Describe how to carryout cardio-pulmonary resuscitation (CPR).

COURSE DESCRIPTION: The course consists of all aspects of the school health programme that contribute to the understanding, maintenance and improvement of the health of the school population i.e. school children and staff. The contribution of

procedures and activities designed to protect and promote the wellbeing of the school population will be discussed.

TEACHING PLAN

Week	Topic
Week 1	Explanation of school health programme and its components
Week 2 – 3	Discussion of school health education or instruction, principles and types of health instruction
Week 4	Brief discussion on methods of teaching health education
Week 5 – 6	Discussion of school health services e.g. Health appraisal follow up services, communicable and non-communicable diseases control and prevention
Week 7 – 8	Emergency care for injuries and sudden illnesses
Week 9 – 10	First aid management of infrastructures
Week 11	Revision and Test
Week 12	Examination

Reading List

1. O. A. Moronkola (2003) School Health Programme. Royal People (Nigeria) Ltd. Ibadan
2. O. A. Moronkola (2017). School Health Programme in Nigeria. A Jewel in Search of true love. An Inaugural Lecture 2016/2017, Ibadan University Press Publishing House, University of Ibadan, Ibadan, Nigeria.
3. Ogundele, B. O. 2002. School Health Education in Health Education and Health Promotion in Z. A. Ademuwgun, J. A. Ajala, E. A. Oke, O. A. Moronkola, A. S. Jegede (eds). Royal People Nigeria Limited pp. 165 – 176.

Course Requirements

Class Attendance:	5%
Test/Assignments (term papers)	25%
Examination	70%
Total	100%

Tutorial Questions

- (a) Highlight aims 5 and objectives of school health programme

(b) Briefly explain the traditional subdivision of school health programme.
- (a) Differentiate between health instruction and health education

(b) Justify the need for schools to teach health to students
- (a) As a health education teacher, list 5 health education principles that will serve as a guide to you in carrying out your responsibilities and duties.

(b) Write briefly on (i) health counselling (ii) health observation
- Discuss the main categories of health instruction
- Explain the concepts of school health services and discuss 5 of its objectives.
- Briefly discuss 4 communicable diseases that can occur among school children in a school.
- What constitute the school environment and why should a school be concerned about its environment
- (a) Define first aid

(b) Why is first aid important?

(c) Explain briefly 2 values of emergency care
- (a) Why should all members of the school community be involved in school health programme?

(b) Write briefly on the expected duties of: (a) Health teacher (b) school nurse
- (a) Explain the potential contributions of school health care in a community.

(b) Highlight 5 reasons why the school health programme should be evaluated.

MARKING GUIDE

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| 1. (a) 5 aims and objectives of school health programme | 5mks |
| (b) Sub divisions of school health programme | 15mks |
| 2. (a) Difference between health instruction and health education | 5mks |
| (b) Need for schools to teach health to students | 15mks |
| 3. (a) 5 health education principles that will serve as a guide to carrying out that will serve as a responsibility | 5mks |
| (b) Brief writing on (1) Health counselling (2) Health Observation | 15mks |
| 4. Discussion on 4 communicable diseases among school children | 20marks |
| 5. Concept of school health services, and 5 objectives | 20mks |
| 6. Discussion on 4 communicable diseases among school children | 20mrks |
| 7. Components of the school environment and why a school should be concerned about its environment | 20mks
5mks |
| 8. (a) Definition of first aid | 10mks |
| b. Reasons why first aid is important | 5mks |
| c. 2 values of emergency care | 5mks |
| 9a. Reasons why all members of a school community be involved in school health programme | 10mks |
| b. Duties of: (i) Health teacher (ii) School Nurse | 10mks |
| 10a. Contributions of school health programme should be evaluated. | 10mks |